



knot another hat Fixation Ankle Socks

Size: Women's S (M, L, Men's M)

Materials: 1 (1, 2, 2) ball(s) Cascade Fixation (cotton/elastic)
2 16" circular needles, size US4 (3.25mm)

Gauge: in circular stockinette stitch, unstretched (off the foot), 7sts = 1 inch

Abbreviations:

K = knit

P = purl

St = stitch

In(s) = inch(es)

Ssk = slip 1 st as if to knit, slip 1 st as if to purl, insert tip of left needle into the front of those two slipped stitches and knit them together

Sl – slip a stitch as if to purl from the left needle to the right needle without knitting it

K2tog – knit 2 stitches together

P2tog – purl 2 stitches together

Cuff

Cast on 40 (44, 48, 56) stitches onto one needle. Slip half of stitches to second needle. Exchange first cast-on stitch with last cast-on stitch to join in the round, making sure stitches are not twisted.

Work 14 rnds of 1x1 rib (k1, p1)

Rnd 15: k.

Divide for heel:

Stop continuing in the round and turn your work to begin purling on the needle you just worked on. You will now work **back and forth on these 20 (22, 24, 28) stitches only** (the other needle will hang un-worked, holding the instep stitches, while you work the heel), following these directions:

Row 1: sl 1, p to end of row. Mark the row below this one (on the knit side) with a removable marker or safety pin in the middle of the row.

Row 2: *sl 1, k1; repeat from * to end of row.

Repeat these 2 rows until there are 23 (25, 27, 29) rows, the first row being the one **above** the safety pin. You should be ready to work a k row.

Turn heel:

Row 1: sl 1, k10 (11, 12, 14), ssk, k1, turn.

Row 2: sl 1, p3, p2tog, p1, turn.

Row 3: sl 1, k4, ssk, k1, turn.

Row 4: sl 1, p5, p2tog, p1, turn.

Row 5: sl 1, k6, ssk, k1, turn.

Row 6: sl 1, p7, p2tog, p1, turn.

Row 7: sl 1, k8, ssk, k1, turn.

Row 8: sl 1, p9, p2tog, p1, turn.

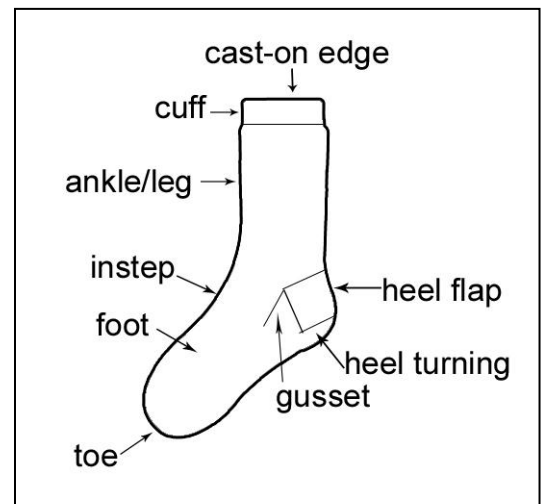
*For Size S, the heel is turned. There should be 12 sts on the needle. Go to **Joining Heel to Instep** below.*

Size M only:

Row 9: sl 1, k10, ssk, turn.

Row 10: sl 1, p11, p2tog, turn.

*For Size M, the heel is turned. There should be 12 sts on the needle. Go to **Joining Heel to Instep** below.*



Size L only:

Row 9: sl 1, k10, ssk, k1, turn.

Row 10: sl 1, p11, p2tog, p1, turn.

*For Size L, the heel is turned. There should be 14 sts on the needle. Go to **Joining Heel to Instep** below.*

Size Men's M only:

Row 9: sl 1, k10, ssk, k1, turn.

Row 10: sl 1, p11, p2tog, p1, turn.

Row 11: sl 1, k12, ssk, turn.

Row 12: sl 1, p13, p2tog, turn.

*For Size Men's M, the heel is turned. There should be 16 sts on the needle. Go to **Joining Heel to Instep** below.*

Joining Heel to Instep: Next row: k12 (12, 14,16) heel sts. With same needle, pick up 13 (14, 15, 16) stitches along side of heel. Drop this needle and pick up instep needle; knit across instep, drop this needle and go back to heel needle.

With right side of sock facing you, and using the right tip of the heel needle, pick up 13 (14, 15, 16) stitches along other side of heel. Continue in the round with same needle and knit across next 6 (6, 7, 8) heel stitches. Place a marker (the middle of the heel is now the beginning of your round). You should have 38 (40, 44, 48) sts on the heel needle and 20 (22, 24, 28) sts on instep needle.

Knit 1 rnd.

Shape gusset:

Round 1: (heel needle) knit to within 3 sts of the end of heel needle, k2tog, k1, (instep needle) knit across 20 (22, 24, 28) instep sts, (heel needle) k1, ssk, knit to marker.

Round 2: knit

Repeat rounds 1 and 2 until 20 (22, 24, 28) sts remain on each needle.

Knit every round until foot (including heel) measures 1 ½" (1 ¾", 1 ¾", 2") less than desired length. (For desired length, stand on piece of paper with bare foot, and mark a line across top of big toe and back of heel. Measure and add ¼".)

Shape toe:

Round 1: (heel needle) k1, ssk, knit to within 3 stitches of end, k2tog, k1, (instep needle) k1, ssk, knit to within 3 sts of end, k2tog, k1 (you have decreased 4 stitches).

Round 2: knit

Repeat these two rounds until you have 8 (8, 8, 12) stitches on each needle.

Graft toe together with Kitchener stitch.

Alternate toe finish: Repeat 2 decrease rnds until only 6 stitches remain, cut yarn leaving 8" tail. Thread tail onto tapestry needle and thread through remaining live stitches, removing knitting needles as you go. Cinch tight and weave in ends securely.

Whew! Pat yourself on the back, and now make another one!